



MENS MEASUREMENTS

| SIZE | 3- | 3 | 3+ | 4- | 4 | 4+ | 5- | 5 | 5+ | 6- | 6 | 6+ | 7- | 7 |
|------------|-----------|------|---------|------------|---------|-------|------------|-------|---------|---------|---------|-----|-----------|-----|
| HEIGHT(cm) | 167-175 | | | 172-180 | | | 177-185 | | | 182-190 | | | 187-195 | |
| Inches | 5'6"-5'9" | | | 5'8"-5'11" | | | 5'10"-6'1" | | | 6'-6'3" | | | 6'2"-6'5" | |
| CHEST | 90.1 | 96.5 | 102.9 | 96.5 | 102.9 | 109.2 | 102.9 | 109.2 | 115.6 | 109.2 | 115.6 | 122 | 115.6 | 122 |
| | 35 1/2" | 38" | 40 1/2" | 38" | 40 1/2" | 43" | 40 1/2" | 43" | 45 1/2" | 43" | 45 1/2" | 48" | 45 1/2" | 48" |
| WAIST | 77.5 | 83.8 | 90.1 | 83.8 | 90.1 | 96.5 | 90.1 | 96.5 | 102.9 | 96.5 | 102.9 | 109 | 102.9 | 109 |
| | 30 1/2" | 33" | 35 1/2" | 33" | 35 1/2" | 38" | 35 1/2" | 38" | 40 1/2" | 38" | 40 1/2" | 43" | 40 1/2" | 43" |
| HIPS | 90.1 | 96.5 | 102.9 | 96.5 | 102.9 | 109.2 | 102.9 | 109.2 | 115.6 | 109.2 | 115.6 | 122 | 115.6 | 122 |
| | 35 1/2" | 38" | 40 1/2" | 38" | 40 1/2" | 43" | 40 1/2" | 43" | 45 1/2" | 43" | 45 1/2" | 48" | 45 1/2" | 48" |

WOMENS MEASUREMENTS

| SIZE | 8 | 8+ | 10- | 10 | 10+ | 12- | 12 | 12+ | 14- | 14 | 14+ | 16- | 16 | 16+ |
|------------|---------|---------|-----------|---------|------|-----------|------|---------|-----------|---------|-------|------------|-------|---------|
| HEIGHT(cm) | 152-160 | | 157-165 | | | 162-170 | | | 167-175 | | | 172-180 | | |
| Inches | 5'-5'3" | | 5'2"-5'5" | | | 5'4"-5'7" | | | 5'6"-5'9" | | | 5'8"-5'11" | | |
| CHEST | 81.5 | 87.5 | 81.5 | 87.5 | 94 | 87.5 | 94 | 100.5 | 94 | 100.5 | 106.5 | 100.5 | 106.5 | 113 |
| | 32" | 34 1/2" | 32" | 34 1/2" | 37" | 34 1/2" | 37" | 39 1/2" | 37" | 39 1/2" | 42" | 39 1/2" | 42" | 44 1/2" |
| WAIST | 61 | 67 | 61 | 67 | 73.5 | 67 | 73.5 | 80 | 73.5 | 80 | 86.5 | 80 | 86.5 | 92.5 |
| | 24" | 26 1/2" | 24" | 26 1/2" | 29" | 26 1/2" | 29" | 31 1/2" | 29" | 31 1/2" | 34" | 31 1/2" | 34" | 36 1/2" |
| HIPS | 84 | 90 | 84 | 90 | 96.5 | 90 | 96.5 | 103 | 96.5 | 103 | 109 | 103 | 109 | 115.5 |
| | 33" | 35 1/2" | 33" | 35 1/2" | 38" | 35 1/2" | 38" | 40 1/2" | 38" | 40 1/2" | 43" | 40 1/2" | 43" | 45 1/2" |

This is only a guide. It is recommended to be fitted by your local retailer to ensure you get the most from your wetsuit.

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